Sudden Cardiac Arrest- Required Certification Instructions

1. You will need a computer with internet, video and sound capabilities.

Go to https://www.sportsafety.com

- 2. Register to use website by clicking on CardiacWise, then Sign Up or use previously registered info.
- 3. After registering sign in to the website and click on Catalog (if the course is not already
 - in "My Courses":
 - a. Find "CardiacWise" in the Catalog
 - b. Then click purchase (Free course but must purchase so it is added to your courses)
- 4. Go to Your Dashboard (drop down menu to the right of your name)
 - a. Click on "My Courses"
 - b. Open Course.
- 5. After watching the video, it will instruct you to take the post-test.
- 6. After the post test you will be able to open your certificate.
- 7. Either Email a copy of the certificate or provide a hard copy before practices begin.
 - a. If you plan on providing a hard copy, let me know that it is completed!

Submit certificate to:

Jerry Dancho MS ATC LAT

Quakertown Community High School Athletic Trainer

Or email to jdancho@qcsd.org

If you have questions email the above address or call/text me at:

Cell: (267) 227-8921